# New baby checklist: free printable plan to the due date

The last four months before the due date, from leave to hospital bag.

The checklists midwives hand out: paperwork early, the bag packed six weeks ahead, the last weeks kept free.

## 17 weeks before

- [ ] **Arrange leave with your work (30m)**

## 16 weeks before

- [ ] **Choose where you give birth and arrange the care (1h)**

## 13 weeks before

- [ ] **Sort out insurance and paperwork (45m)**

## 12 weeks before

- [ ] **Buy the basics**

  Borrow or buy second-hand where you can; a car seat is the one thing to buy new.

  - [ ] Car seat (1h)
  - [ ] Cot and mattress (1h)
  - [ ] Pram or carrier (1h)
  - [ ] Clothes in the first sizes (45m)
  - [ ] Nappies and care items (30m)

## 9 weeks before

- [ ] **Set up the baby room (4h)**

## 8 weeks before

- [ ] **Follow a birth or baby care course (2h)**

## 6 weeks before

- [ ] **Pack the hospital bag**
  - [ ] For you: clothes, toiletries (20m)
  - [ ] For the baby: clothes, hat, blanket (15m)
  - [ ] Documents and birth plan (10m)
  - [ ] Charger and snacks (5m)

## 5 weeks before

- [ ] **Wash the baby clothes and bedding (1h)**

## 4 weeks before

- [ ] **Fit the car seat and practise with it (30m)**

## 3 weeks before

- [ ] **Cook and freeze meals (2h)**

## 2 weeks before

- [ ] **Agree who to call and who looks after pets or children (20m)**

## Due date

- [ ] **Due date**

## After the due date

- [ ] **Register the birth (30m)**

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Free checklist from Plenzu, the calm to-do app that plans only what fits. Plan these steps on the right days:
**plenzu.com/templates/new-baby-checklist**